



**Greater Holyoke YMCA**

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**TRY THE Y!**

**TUESDAYS ARE FREE IN OCTOBER!**

**JOIN ON A TUESDAY & WE'LL  
WAIVE THE JOIN FEE**

There's a lot to love about the Y, whether you're a swimmer, runner, weightlifter, group exerciser, or some combination of all of these, the Holyoke YMCA has something for you! From our wellness center to our lap pool, basketball court, and group exercise classes, there's a place in our community for you.

Pick any Tuesday in October....for  
**FREE!**

Call or stop by our Welcome  
Center for more information!

[holykeymca.org](http://holykeymca.org) | 413-534-5631

