

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 AM-1 PM Lap Swim *Masters Swim Team Practice 4 Lanes 6:15- 7:15 AM	5:45 AM-1 PM Lap Swim All Lanes	5:45 AM-1 PM Lap Swim *Masters Swim Team Practice 4 Lanes 6:15-7:15 AM	5:45 AM-1 PM Lap Swim All Lanes	5:45 AM-1 PM Lap Swim *Masters Swim Team Practice 4 Lanes 6:15- 7:15 AM	7 AM-10:30 AM Lap Swim & 1 Lane Swim Lessons	Y CLOSED
1-2 PM Pool Closed						
2-4 PM Lap Swim All Lanes	2-3:45 PM Lap Swim All Lanes	2-4 PM Lap Swim All Lanes	2-3:45 PM Lap Swim All Lanes	2-4 PM Lap Swim All Lanes	10:30-1:15 PM Lap Swim 4 Small Lanes & Swim Team 3 Big Lanes	
4-5 PM Lap Swim & 3 Big Lanes Practice	3:45-5 PM Lap Swim & 2 Big Lanes Practice	4-5 PM Lap Swim All Lanes	3:45-5 PM Lap Swim & 2 Big Lanes Practice	4-5 PM Lap Swim & 3 Big Lanes Practice	Y CLOSED	
5-6:30 PM No Lap Swim	5-6:30 PM Swim Team 5 Lanes & 2 Small Lap Swim Lanes Open	5-6:30 PM No Lap Swim	5-6:30 PM Swim Team 5 Lanes & 2 Small Lap Swim Lanes Open	5-6:30 PM No Lap Swim		
6:30-8:15 PM Lap Swim 3 Small Lanes & Swim Team 4 Lanes	6:30-8:15 PM Lap Swim 3 Small Lanes & Swim Team 4 Lanes	6:30-8:15 PM Lap Swim 3 Small Lanes & Swim Team 4 Lanes	6:30-8:15 PM Lap Swim 3 Small Lanes & Swim Team 4 Lanes	6:30-8:15 PM Lap Swim 3 Small Lanes & Swim Team 4 Lanes		
Y Closed	Y Closed	Y Closed	Y Closed	Y Closed		

## **LAP SWIM ETIQUETTE**

- Please enter the water at the shallow end. If you need to share a lane make sure you talk to the other swimmer sharing the same lane so they know you are there. If you are asked to share a lane, please be courteous and responsive.
- Please be sure to look for other swimmers if you must go into another person's lane to get to the pool ladder.
- Swimmers should exhibit the YMCA Core Values: Caring, Honesty, Respect, and Responsibility.

## **THUNDERSTORM**

• If there is thunder or lightning we are required to close the pool for 30 minutes from the last thunder or lightning in our area.

Please note the schedule can change at any time, we will try to keep you up to date on any changes.