



# STRONG SWIMMERS CONFIDENT KIDS

April 2026 through June 2026

## Parent Child 6 months-3 years Old

**Sunday:**  
11-11:30 AM

**Friday:**  
4:30-5 PM

**Saturday:**  
9-9:30 AM  
& 9:40-10:10 AM

## Swim Basics 3-5 years Old

**Sunday:**  
Stages 1 & 2: 10-10:30 AM  
& 11-11:30 AM

**Monday:**  
Stages 1 & 2: 4:30-5 PM  
Stage 3: 4:30-5 PM

**Wednesday:**  
Stages 1 & 2: 6-6:30 PM & 6:30-7 PM  
Stage 3: 4:30-5 PM

**Friday:**  
Stages 1 & 2: 4-4:30 PM & 4:30-5 PM

**Saturday:**  
Stages 1 & 2: 8:30-9AM, 9-9:30 AM &  
10:10-10:40 AM

**Price  
per  
class**

**MEMBER**

**NON-MEMBER**

**\$12**

**\$20**

Questions? Email our Aquatics Coordinator;  
[mmenard@holyokeymca.org](mailto:mmenard@holyokeymca.org)

The Greater Holyoke YMCA  
 The Birthplace of Volleyball®  
 171 Pine Street, Holyoke MA 01040  
 (413)534-5631



# STRONG SWIMMERS CONFIDENT KIDS

March 2026 through June 2026

## Youth 1 & 2: 5-12 Years Old

**Sunday:**

10-10:30 AM & 10:30-11 AM

**Monday:**

4-4:30 PM

**Tuesday:**

4:30-5 PM

**Wednesday:**

6:30-7 PM & 7-7:30 PM

**Friday:**

4-4:30 PM

**Saturday:**

8:30-9 AM, 9:40-10:10 AM, 10:10-10:40AM

## Youth 3 & 4: 5-12 Years Old

**Sunday:**

10:30-11 AM

**Tuesday:**

4-4:30 PM

**Wednesday:**

4-4:30 PM, 6-6:30 PM  
& 6:30-7 PM

**Friday:**

4-4:30 PM, 4:30-5 PM

**Saturday:**

8:30-9 AM,  
10:10-10:40 AM &  
10:45-11:15 AM

## Youth 5 & 6: 5-12 Years Old

**Monday:**

4-4:30 PM

**Wednesday:**

6:30-7 PM

**Saturday:**

10:45-11:15 AM

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**Price  
per  
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	\$12	\$20

# COMMON SWIM LESSON QUESTIONS



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**When do swim lessons start and when can I sign up for next session?**  
Swim lessons are on a rolling system, you can sign up at any time during the extended session. Sessions start in the beginning of each month.

**How do I sign up for swim lessons?**  
Register on our website at <https://holyokeymca.org/>  
or sign up at our front desk!

**How do I know when to move my child up a level?**  
We will notify you by providing a certificate at different points of the year. We will move your child to the appropriate level and communicate with you to find a time that works for you!

**What do I do if I need to cancel my child's swim lesson after we registered?**  
Make sure to call to cancel before the first of the month.  
(413)534-5631

**My child missed a class, can we do a make-up?**  
It is important for your child to attend their scheduled class. Consistency within the classes provides the best possible learning environment for your child. Make-ups are NOT guaranteed & must be requested 24 hours before the missed class.  
Please email our aquatics coordinator: [mmenard@holyokeymca.org](mailto:mmenard@holyokeymca.org)

**How does payment work?**  
Payment is due on the 1st of the month each month that you sign up. If you sign up halfway through a month, we can prorate the session price for you. Each month can be anywhere between 2 and 5 weeks.

**Have more questions?**  
Feel free to reach out!  
Aquatics Coordinator:  
[mmenard@holyokeymca.org](mailto:mmenard@holyokeymca.org)

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