



Greater Holyoke YMCA Vikings
Fall/Winter 2022-23 Season



Practice Schedule

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Developmental 1	5-6pm Small Pool		5-6pm Small Pool		5-6pm Small Pool	
Developmental 2	5:30-6:30pm	5-6pm Small Pool		5-6pm Small Pool	5:30-6:30pm	
Age Group 1	5:15-6:30pm	5:15-6:30pm	5-6:15pm	5:15-6:30pm	5:15-6:30pm	
Age Group 2	4-5:30pm	5-6:30pm	5-6:30pm	5-6:30pm	4-5:30pm	12-1:30pm
Age Group Select		3:45-5:15pm		3:45-5:15pm		
Senior	6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	